

# EBOLA VIRUS

## WHAT IS EBOLA AND HOW DOES IT SPREAD?

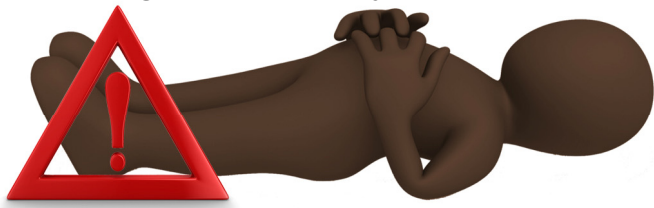
- Ebola is caused by a virus
- No vaccine and no cure available – but **EARLY treatment increases the chance of recovery**
- Causes severe illness, with bleeding
- Highly contagious; many people can quickly become infected
- Up to 90% of the infected will die – some recover, especially those who get help early



- Sick people can spread the disease to others
- People in direct contact with sick people are at highest risk:
  - Family members
  - Healthcare workers



- Contact with dead bodies can cause infection. **BE CAREFUL** (Bury carefully. Keep away)
- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as others who have touched the body



## WHAT ARE THE SYMPTOMS OF EBOLA?

Symptoms can start within 2 days of contact with an infected person or body

### Early Symptoms



Fever



Nausea



Headache



Tiredness

### Late Symptoms



Vomiting

May contain blood



Diarrhoea

May contain blood



Coughing

May contain blood



Bleeding

(Including from nose, mouth, skin)

## PREVENTION OF EBOLA AND WHAT TO DO IF YOU GET SICK



- You can catch EBOLA from someone who is sick or dead
- Wash your hands regularly – use soap!

- DO NOT touch an infected person or their body fluids, including blood, vomit, faeces, urine
- DO NOT touch or eat “bush meat” and don’t eat bats



- Call your medical centre and tell them about your illness

- Listen to the advice. You may be sent to a special hospital

- Keep away from others so they don’t get sick
- Be especially careful of your vomit and diarrhoea



**Getting treatment at Ebola Centres EARLY increases the chance of recovery**